



Pre-Departure Checklist

Everything to double-check before you take off

A little organization before you go makes a world of difference once you're on the road. Use this checklist to confirm every essential document, booking, and detail is sorted so you can relax and enjoy your trip. Tick each item off as you go — you'll thank yourself later!

Travel Documents & Identification

Make sure all paperwork is up-to-date and accessible.

- ☐ Valid passport (check expiry — ideally 6+ months remaining)
- ☐ Visas or entry permits for all destinations
- ☐ Travel insurance certificate and emergency contact info
- ☐ Flight / train / ferry tickets (digital or printed)
- ☐ Accommodation confirmations
- ☐ Driver's licence or International Driving Permit (if needed)
- ☐ Copies of important documents (store digitally and carry one paper set)
- ☐ Emergency contacts list (family, doctor, insurance provider)

 **Tip:** Email scanned copies of your key documents to yourself or store them in the cloud.

Money & Financial Prep

Ensure you can easily pay for things abroad.

- ☐ Notify your bank of travel dates and destinations
- ☐ Set up online banking or mobile alerts
- ☐ Check international transaction fees
- ☐ Order foreign currency or preload a travel card
- ☐ Carry a mix of cash and cards
- ☐ Separate emergency funds from daily spending money

 **Tip:** Multiply your nightly rate by total nights to avoid under-budgeting.

Home & Personal Arrangements

Handle what's left behind before you go.

- ☐ Arrange pet or house sitter
- ☐ Pay or pause bills and subscriptions
- ☐ Set up mail hold or forwarding
- ☐ Unplug appliances / turn off water / secure doors and windows
- ☐ Inform a trusted friend of your itinerary
- ☐ Leave spare keys with someone reliable
- ☐ Set an out-of-office message if needed

Packing Essentials

Pack smart — light, organized, and weather-ready.

- ☐ Clothing for climate and culture
- ☐ Comfortable shoes
- ☐ Toiletries and personal care items
- ☐ Electronics + chargers + power adapters
- ☐ Luggage tags and locks
- ☐ Reusable water bottle
- ☐ Daypack or small bag
- ☐ Travel pillow / eye mask / earplugs
- ☐ Travel documents pouch or organizer

 **Tip:** Use packing cubes to save space and stay organized.

Health & Safety

Stay healthy and prepared for the unexpected.

- ☐ Schedule doctor or dental check-ups if needed
- ☐ Research required or recommended vaccinations
- ☐ Pack prescription medications (with labels)
- ☐ Carry a basic first-aid kit
- ☐ Bring copies of prescriptions
- ☐ Pack travel-size sanitizer and masks (if applicable)
- ☐ Check travel advisories and local health rules
- ☐ Note emergency numbers and local hospitals

 **Tip:** Always pack medications in your carry-on, not checked baggage.

Tech & Communication

Stay connected while you're away.

- ☐ Unlock phone for international SIM use
- ☐ Check roaming rates or buy a local SIM / eSIM
- ☐ Download offline maps and language apps
- ☐ Back up important photos and files
- ☐ Save digital copies of itineraries and confirmations
- ☐ Pack all chargers, adapters, and spare batteries

 **Tip:** Screenshot key details like hotel addresses in case you lose signal.

Itinerary & Planning Check

Final review of your trip plan.

- ☐ Confirm flight times and gate info
- ☐ Reconfirm accommodation reservations
- ☐ Check check-in and check-out times
- ☐ Verify tour / activity bookings
- ☐ Review transport connections between stops
- ☐ Print or download your full itinerary
- ☐ Share itinerary with family or friends



Last-Minute To-Dos

Those easy-to-forget things before you walk out the door.

- ☐ Charge all devices fully
- ☐ Check weather and pack accordingly
- ☐ Empty fridge / take out trash
- ☐ Water plants
- ☐ Double-check passport and tickets are in your bag
- ☐ Weigh luggage to avoid extra fees
- ☐ Lock up, breathe, and go!



Ready to Go

You're organized, prepared, and ready for adventure.

Relax, enjoy the journey, and let travel do what it does best — open your world.

How to use this?

Find more guidance on budgeting and useful travel tips on **Explorable – Journeys**.

You can also explore custom travel itineraries with suggested budgets.

Visit www.theexplorablelife.com/explorable-journeys

